

*higher perspective* from  
The **Soul Collective**

**The Soul Collective: Switch Your Track: How to Live your Higher Purpose and Potential**

Transcript of message via Carolin Rathbun, June 23, 2022

Soul Collective: We are so pleased and delighted to be with you today.

*Carolin: And who are you?*

SC: We are The Soul Collective.

*C: What is The Soul Collective?*

SC: We are a collective of beings made up of your higher selves. We are the infinite intelligence. We are Source wisdom. We are your higher selves. We come from one source. We are one. We are your soul and all the souls. We are one, yet we are you.

*C: What have come to share today?*

SC: You are asking for more. You are asking what your higher purpose is. Your higher purpose is to live your potential and what we see you humans doing is living far beneath your potential. You hold yourselves back from being all that you could be. You fear without reason. You judge without knowing.

We have come at this time to help you expand into your own inner awakening. To expand your potential so that you live your higher purpose. Your higher purpose is to be all that you are. And all that you are is infinite love.

You have all the answers you need within you yet you doubt yourselves continually. You worry without reason. You fear without reason. You say no when your heart and your entire being would rather say yes. We find this interesting, yet we do not judge you. There is no judgement from our side ever. We love you unconditionally and without reservation.

It is time for a great awakening on your planet. There is a shift in energy. There is an expansion and a growing. There's a growing awareness. There's a growing awakening. And this is a time of expansion and turmoil. There's turmoil because there is much resistance to change. Change in the human experience can be quite scary because there is so much unknown. Yet there is fear because you are stopping yourselves from change. You hold yourself back from the change that is a natural progression. You are meant to expand and you are meant to grow. You are meant to live lives of great joy and fun and abundance. Yet you fear that if you were to do anything different, it would all fall away. Everything you have would disappear. Yet if you were to look back upon your lives, you would see that that has never been the case. Even if it might have appeared to you in your physical senses, in your limited perspective that things had diminished, with a grander perspective you would see that it is all part of your growth and expansion. We understand that you came here to play full out. You came here for the experience. You came here for the contrast - for experiencing the good, as you define good, and bad, as you define bad. We define it as experience; as contrast. It is from the contrast that you grow. It is from this change of perspective from where you once were to where you would rather be, that is the jumping off point. That is where you accelerate. And the more you hold yourself back from the acceleration, the more painful it is. As you start to move forward toward where you want to go, you start feeling better and better. And once you get momentum, things start to pick up, just like a car rolling down a hill.

Once you get going there is momentum and the faster the car rolls down the hill, you just have to take your foot off the break. And just like in a car, you have the ability to slow the progression. Often times humans slow the progression so much that they don't see any progression at all. They think that nothing is happening. They feel like they're at a stand still. And sometimes that is the case because you're not allowing anything to change. Yet if you were to take your foot off the brake even slightly and allow just a bit of gas or momentum to accelerate your desire, you will start to feel the movement. And part of the way you can feel the movement is by being conscious of how you feel. In every moment, you can tune into your body and feel how you are moving either toward or away from your desire. You are either allowing or you are denying. You are either in fear or you are in love. You are holding yourself back or you are allowing yourself

to be open to new experiences. And it's from those experiences that you will grow and change.

We understand that sometimes change for you can be painful. You don't want to let go of what you know. You don't want to say goodbye to people that you loved. You don't want to change what is comfortable for you. But it is not a bad thing. Change is not a bad thing. Change is just that. It is change. It is an opportunity to move in another direction. To grow and expand and learn and become even more of who you were meant to be.

You came here to this planet as a soul coming for a human experience. You chose this journey. You chose this body. You chose this family. You chose to be in the contrast. You chose to experience all of the emotions. What would life be if you didn't experience all of the emotions? It would be boring. It would be dull. It would be sameness. Having emotions is a gift. It is a gift for humans. This is the most fun place in the universe, where you have the opportunity to experience so much.

Think of your planet earth. It has abundance beyond your imagination. From the highest point in your sky, in your atmosphere that you can reach, to the depths of your oceans, there is so much abundance in your world. And it is all there for you to explore and enjoy and appreciate and experience. Every single thing on this planet is here for your awakening. For your opportunity to become all that you are.

Humans have so much potential yet they limit themselves. And it is only you that can limit yourself. No-one else can limit you even though you may think so. You allow them to limit you. You make up the story that allows them to limit you. You are the one who chooses to allow them to limit you. You have free will. You have free will to do anything you wish. You have thousands of thoughts every day, every minute, every hour, and it is your thoughts that create your reality. It is what you choose to think and believe and listen to and pay attention to that creates your experience.

The more you allow yourself to feel into the experiences, the more you will be noticing where your thoughts are taking you. Your thoughts either make you feel good or they make you feel bad. And it is those thoughts that create the stories that create your experiences.

When you talk about your past, you often talk about it in a way that creates an excuse or a story about why you haven't been able to do something that you wanted to do. It was someone else's fault or some other reason for being where you are now, yet that is just a story. You have free will. And in this very second, in this very moment, you can decide that everything will be different. And how you do that is by changing your thoughts. You think one minute, *I can't do this*, and the next minute you think, *well, yes I can*, and suddenly you are doing it. All that was was a change of thought. It was a change of perspective. It was a decision. It was a choice. You have so much power you are not allowing yourself to attain. You stop yourself when you're at the cusp of change. You are about to do something and you say, *"Wait, wait. No, I can't do that. I've never done that before. Someone else wouldn't like it if I did that. What if this happens? What if that happens?"* You stop yourself. You think, *"I can't. I don't have enough money. I don't have enough people. I don't have enough resources."* Yet when you decide to do something, you put out an energy in the world that changes your trajectory.

It is like you are a train and you're going along a track and by making a decision, you have changed the track and now you are about to go down a different track. Every time you make a choice and a decision, you are changing the track. And once you start down that other track, what is going to happen? You are going to meet new people. You are going to meet new circumstances and situations. There will be more choices. There will be different choices. You think you can't but when you start, different opportunities appear to you and things that you cannot even imagine will come into play. When you look back on your past, you can see this to be true. Yet when you have a decision to make, you forget that.

Your human mind wants to tell you stories for fear that you will be hurt or disappointed. The human in you doesn't like to feel bad things. You remember the bad things more than the happy things. It's important to remember how happy you can be. And often it is the contrast of the feeling of disappointment and discouragement and hurt and pain that make you not want to move, yet you forget how happy you feel when you are in the opposite of those emotions.

When you are fearful of making a change, you seem like you're in a cave of these lower vibrational emotions. Yet you don't see that down that track, when you shift the train track and you go down that track, you come

out of the tunnel, you come out of the cave, and you go faster and faster and toward that better feeling thoughts, those better feeling emotions, those better feeling experiences. The more you work toward those better feeling thoughts, the more those experiences appear to you.

We know it can be difficult when you are in a lower vibration to move to a higher vibration. But it is just a choice. It is a choice to feel a bit better. And if you choose to feel a little bit better, you can gradually choose to feel a lot better.

So what we ask of you today is, what kind of a feeling do you want to feel in your daily experience? And what is one thing that you can choose today, in your experience, right now, in this minute, that will shift you from where you are now to where you want to be? It does not need to be a big change. Right now, if all you do is change the track, even if you haven't got your train in gear and moving, you are now pointed in another direction. You are pointed toward something different.

Make how you feel your priority. When you are in alignment with what your heart wants for you, and your heart is your key emotional indicator, you can start moving toward that direction. Your entire body speaks to you. Your gut. Your stomach. Your blood vessels, illnesses, fatigue, adrenals - every part of your body speaks to you. It is up to you to listen.

We ask that you move out of your head much more frequently and start tuning into your body so you are aware of all the ways that your body speaks to you.

We ask that you make your heart your compass. Ask your heart what it wants for you. It will help you to focus on the direction you want your train to go in, and then listen to every part of your body to see where you are allowing or disallowing yourself to move in that direction.

We are here to support you in your growth. We are a collective of the souls on your planet. We are offering you at this time the higher perspective, the higher wisdom, so that you can move more quickly from your thinking human minds and the direction, the giving over to your human perspective into aligning with your soul.

We have come at this time because there is a need and an awakening on your planet to shift toward a more loving and nurturing society. You have the choice to live as you want and how you would like to continue. At this time on your planet there is great change everywhere. This is an opportunity for grand change within the human family. That's why we are here as a collective of souls. You are individual humans yet you have souls that are connected to one another, to infinite wisdom, infinite intelligence, source wisdom. And this is a time of great opportunity for love to become a dominant factor in your society. There is great change happening.

There has been asking for many years of people wanting more for themselves. There is great talk right now of mental health issues. We see this as an indication of the importance you put on mental health, mental capacity. What we would like to point out to you is that you have an emotional health. And when you are aligned with your emotional health, you feel better. The more aligned you are with your emotions, the better you feel. Let your feelings, your emotions, guide your direction. Let it be the direction your train points. So we ask you to shift your track and point it in the direction that you really want to go; where your heart and your emotional intelligence is asking you to go. So listen carefully to your body and start your train moving down that track.

We love you. We love you. We love you. And with that, we are complete.